



M A G I L L
S C H O O L

Physical Education

Term 2 Overview

Teachers:

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Florin Velea: R - 4 Physical Education



Have a great Term 2!

The Physical Education program aims to:

- Provide students with opportunities to explore and develop movement skills, understand movement and learn through movement.
- Offer students a quality environment to interact and contribute to a safe and active community being socially involved at different levels and in different groups.
- Support the children to develop sportsmanship, optimism and positive attitude, friendship and team-work.
- Provide opportunities to all students to explore their favorite skills and develop interest in playing sport outside school for long term (e.g. local sporting clubs)

The **Physical Education** program provides one lessons a week for each class in Reception – Year 6 and is focused on the following curriculum areas:

- **Fundamental movement skills and Active play** (including fundamental movement skills, understanding movement, learning through movement and playing/group activities)
- **Personal, Social and Community Skills** (including group interactions, safe and active life, being part of team and an active community)

The **R – 4 PE program** for Term 2 is organized in two main blocks:

Block 1 Locomotion (e.g. running, hopping, jumping, skipping) and **dominant movements** – coordination, balance, rhythm.

Block 2 Ball skills –including group/team games (e.g. throwing, bouncing, catching and kicking).

Learning progress. While Term 1 was focused on positive class environment, interrelationship and successful start, the next 3 terms will be focused on skills-based programs. In order to support a consistent learning progress, each term has a different level of difficulty according to the achievement level and effort that students can demonstrate in the sessions (**introduction, consolidation and extending/application**). Therefore **Term 2** is focused on the introduction of the major skills area as initiation into the curriculum areas as mentioned above.

The **4 - 6 PE program** for Term 2 will be split into two main parts. For the first 5 weeks, students will be continuing their unit on 'invasion' by using their knowledge from their basketball SEPEP and adapting it to suit a variety of invasion sports. The second half of term will be focused on 'net and wall' games with a SEPEP on badminton in the final week of term. Students will continue to develop their teamwork and communication skills throughout the year.